Accreditation

Ivy Tech Community College is accredited by the North Central Association of Colleges and Schools. The Ivy Tech Community College - Northwest Associate of Science Physical Therapist Assistant Program (ASPTA) is fully accredited by the Commission on Accreditation of Physical Therapy Education (CAPTE) through December 21, 2022.

ITCC NW Physical Therapist Assistant Program

Purpose and Description

The purpose of the Associate of Science PTA Program is to provide an entry-level point into a career in rehabilitation or to provide supplemental skills and authority to treat patients and to make treatment decisions for individuals who already have a background in medical treatment and/or rehabilitation. Students require five (5) semesters to complete the program.

The program has sixty-nine and one half (69.5) credits, including twenty-five (25) general education credits and forty-four and one half (44.5) technical core credits. These 44.5 credits include 30 credits from lecture/demonstration classes and 14.5 credits from clinical classes. PTAS 101, PTAS 102, PTAS 103, PTAS 106, PTAS 107, PTAS 207, PTAS 217 and PTAS 224 include lecture with or without lab. PTAS 115, PTAS 205, and PTAS 215 make up the 14.4 clinical credits comprising 696 contact hours over 17 weeks. The technical and clinical courses of the curriculum are structured to promote clinical problem solvers.

The curriculum is designed with classroom, laboratory, and clinical experiences for students to gain the knowledge and skills necessary to provide physical therapy services in the role of licensed/certified physical therapist assistant following graduation and passing the National Physical Therapist Assistant Examination.

*Note:
1. The Northwest Region PTA Program is a full-time, day program and is available at the Gary campus with most prerequisites and general education requirements available at all Ivy Tech regional campuses.
2. The PTA Program credits and/or graduation do not guarantee entry into a Physical Therapist program.
3. The PTA Program PTAS courses may be transferrable to other PTA Programs within the ITCC system (programs located in Gary, Muncie, and Sellersburg).
4. The PTAS courses may not be substituted with any other course not provided within an accredited PTA program
5. The PTAS courses from another PTA Program outside the ITCC system may be reviewed for equivalency by the PTA Program, no guarantees in equivalency are provided.
Philosophies of ITCC NW Physical Therapist Assistant Program
Licensed/certified physical therapist assistants under the direct supervision of licensed physical therapists are an integral component of the delivery of evidence-based practice physical therapy services and represent a viable opportunity for career development and lifelong learning.

Mission of ITCC NW Physical Therapist Assistant Program
To provide each individual with the desire, academic ability, and essential skills regardless of race, color, creed, national origin, religion, gender, sexual orientation, age, physical or mental disabilities, age or veteran status the necessary knowledge, skills, resources, and standards necessary to succeed on the National Physical Therapist Assistant Examination (NPTAE) in order to achieve gainful employment in the role as a licensed/certified physical therapist assistant in a diverse physical therapy community.

Objectives of ITCC NW Physical Therapist Assistant Program
As an extension of the ITCC and Program mission, the PTA Program's objective is to provide students with a high-quality education that enables them to be competent licensed/certified physical therapist assistants with the necessary clinical reasoning skills to provide physical therapy services under the supervision of a licensed physical therapist.

Goals of ITCC NW Physical Therapist Assistant Program
The PTA Program is dedicated to:

1. Provide current, relevant, and required curricular plan with update, review, and/or modification as assessed through appraisal assisted by various stakeholders in the education of a Physical Therapist Assistant (PTA)

2. Assist students to develop contemporary knowledge of a PTA

3. Provide academic and clinical resources to develop proficient practice skills of a PTA

4. Provide opportunities for development and adoption of professional standards of ethical and legal conduct of a PTA

5. Provide an environment of diversity as related to the communities served

6. Assist students in their role as a community volunteer and leader

7. Exemplify lifelong learning practices including professional memberships and educational opportunities

8. Assist students in employment acquisition in the role of a PTA
Students Outcomes of ITCC NW Physical Therapist Assistant Program

Having completed the educational programming of the Physical Therapist Assistant Program students/graduates will:

1. Achieve equal or greater than 65% graduation rate (number of students enrolled at start of first semester, compared to number graduating from that same class).

2. Achieve equal or greater than 85% passage rate (3-year consecutive cohort of graduating students) on the National PTA Examination of the Federation of State Boards of Physical Therapy.

3. Achieve no less than 90% employment rate (3-year consecutive cohort of graduating students) of graduates actively seeking employment with license or temporary license six (6) months post graduation.

Graduation Rates

Currently, the PTA Program meets the above student outcomes with the last three year classes graduating at 82.9% and the 2013 class graduating at 79%. These numbers are currently at/above the national standards for graduation rates.

National PTA Examination Pass Rates

After graduating from an accredited education program, the physical therapist assistant candidate must pass a national examination in order to practice. This examination can be taken following application for licensure of any jurisdiction requiring licensure, including the state of Indiana. Examinations and scores are coordinated and tabulated by the Federation of State Boards of Physical Therapy (FSBPT) and percentile rate standings of the program are provided to the college. Students are encouraged to release scores to the college for accreditation and program purposes. Program ratings are available for public viewing through the Federation’s website (www. FSBPT.org). Based upon FSBPT reports, jurisdiction websites for licensure, graduation surveys, and student self-report, the PTA Program exceeds the above outcome regarding passage rates for the last three year graduating classes. These graduates have achieved a three-year cohort ultimate examination pass rate of 96.88%.
IVY TECH COMMUNITY COLLEGE – NORTHWEST

Employment Rates

Graduates of the NW ITCC PTA Program have consistently reported success in employment following successful completion of the program. The graduates representing the 2010, 2011, and 2012 cohorts report that 78% of students are offered some type of employment opportunity during the clinical experiences. Additionally, 97% of these same graduates report being employed six (6) months following graduation if actively pursuing employment using either the temporary license process of their chosen jurisdiction (state licensure) and/or having successfully completed the national examination with their Physical Therapist Assistant licensure/certificate.

Career Opportunities and Job Placement

According to www.careerinonet.org, the physical therapist assistant position is the second fastest growing profession for professions requires an associate's degree. This website projects an increase in growth by 46% nationally and 45% for Indiana, 26% for Illinois, and 29% for Michigan. This site also reports annual openings (new and net replacement) at 100 for Indiana, 150 for Illinois, and 110 openings for Michigan. According to the Bureau of Labor Statistics the reported national median wage in 2012 was reported as $25.15/hour; $52,320 annually.

The following link from www.careerinonet.org provides a short video that briefly reviews the role of the physical therapist assistant and the necessary physical attributes. Press the control button and click with the computer mouse or copy and paste directly to the browser in order to activate the link below.

http://www.careerinonet.org/occ_rep_vidpopup.asp?soccode=312021&matchVideo=31-2021.00

Physical therapist assistants are utilized in many different settings of physical therapy including acute (in-patient/hospital), sub-acute (in-patient/rehab), and long term care (nursing homes), as well as, outpatient in orthopedic, neurological, vestibular/balance, and pediatric services. Home health care is also a very lucrative option for more experienced physical therapist assistants.
According to the Bureau of Labor Statistic, the highest level of income for 2012 was reported in Home Health Care Services. The highest level of employment concentration was in Offices of Other Health Practitioners (i.e. private outpatient clinics owned by other therapists).

According to graduation surveys for the last three graduating classes, the program has a 90% job placement rating for graduating students who actively pursue employment within six months of graduation. Students are often offered employment through their clinical experiences (reported at 86% occurrence according to last three graduating classes). Students are assisted in other manners in the procedures of employment search. Program students and graduates are provided approved access by the program to the PTA Career Center group page of Campus Connect, where they can locate employment opportunities sent to the program from local facilities and recruiter type organizations. Additionally, in PTAS 224, students review various job search activities, such as resume preparation, to assist in their access of employment.
Student Commitment and Personal Responsibilities

Students accepted to the PTA program must be aware of the extensive time, energy, and commitment necessary to be successful in the program. All technical courses are provided on campus. Most courses are provided during the day and afternoon. However, students have additional expectations that may require extended periods of attendance, such as open lab requirements and practical examinations. Students currently attend technical courses all day Wednesdays and Fridays the first semester in the program. Following, most technical courses are provided on Tuesdays and Thursdays. These full day courses allow students to complete general education courses on alternate days. For clinical courses, students are expected to be available Monday through Friday 7 am to 8 pm and sometimes Saturdays in order to attend clinicals full time (40 hours per week) and to align their schedules with assigned clinical instructors. Sunday assignments are rare. However, students are expected to meet the required clinical hours according to their assigned clinical instructor's schedule. Students are expected to have the necessary transportation for clinicals that may be one (1) to one and one half (1.5) hours of one-way travel time and potentially in an alternate time zone.

During fall and spring semesters, open lab attendance is necessary for students to: meet technical course requirements, complete remediation or make-up examinations, and to participate in exercise exploration, study group activities, Big Sib and Lil Sib requirements, PTA Club meeting requirements, and competency testing for clinicals. These activities are identified as necessary learning modules for student retention. Students are expected to put forth the necessary effort outside of scheduled class time to study and complete assignments. Students must consider these additional needs when preparing for acceptance to the program. Students are advised to limit work and other activities. These activities competing with student attention to the program has consistently caused students to fall behind and to be unsuccessful, at times requiring dismissal from the program.
Student Commitment and Personal Responsibilities - continued

The program uses a different scale than what students tend to be familiar with in grading. The grading scale affecting all classes designated as PTAS (including PTAS 101) is as follows: 93 to 100 = A; 87 to 92 = B; 81 to 86 = C; 78 to 80 = D. The application process to the program includes highly competitive and successful applicants. Students should be aware that besides the challenge of the grading scale, the amount and intensity of information in the program can be more challenging to students than expected.

Students who are unsuccessful in meeting the minimum requirements as denoted in each course syllabus have the opportunity to return to the program once at the next scheduled offering of that class, generally one year later. Students who do not successfully complete the course requirements on a second attempt or for reasons related to academic dishonesty or lack of professional standards as noted in college policy are subject to dismissal from the program.

Graduates from the program generally prepare for an average of nine weeks (range: 2 to 13 weeks) after graduation prior to taking the National PTA Examination (NPTAE) for licensure. Currently, the NPTAE requires fixed date scheduling for licensure, with the shortest delay of testing offered in July and October. The NPTAE is administered by the Federation of State Boards of Physical Therapy Education (FSBPT). More information regarding the NPTAE can be found at FSBPT.org. Students are encouraged to work with families, friends, employers, etc ahead of time in order to prepare for the intensity and length of the program and the time necessary to pass the licensure exam.
Grievances – Students and Public

Students that participate in the prerequisite classes, admissions processes, and program activities have the rights and responsibility to bring grievances to the attention to the program through the appropriate channels and levels of authorities. Students are advised to consult the student handbook of the college and, if appropriate, the student handbook of the program. Students are expected to follow the appropriate hierarchy of complaints addressing issues with the most related individual first in order to more effectively and efficiently effect change. However, no grievance will be denied attention having not completed such procedures in order. Students are advised to document concerns, attempts at remediation of such concerns, and requested compensation prior to discussion with the appropriate representative. Program students are expected to address grievances with faculty of any specific course prior to addressing grievances with the assigned program advisor and then the Program Chairperson.

For other individuals involved with the program including clinical faculty, patients, and other interested parties, comments, compliments, and/or concerns may be brought directly to the Program Chairperson of the PTA Program at dsnickimevevs@ivytech.edu.
Physical Therapist Assistant Program

Admission Criteria

Admission is dependent upon several factors, which are listed below. The Physical Therapist Assistant Admissions Committee reserves the right to determine eligibility for acceptance into the Physical Therapist Assistant Program. The Physical Therapist Assistant Admissions Committee will review all applications and generally select 30 applicants per year into the program. Admission is based upon a total point accumulation with students ranked from highest to lowest, the students with the highest scores, limited by the number of students set for admission to a given cohort, are provided acceptance into the program. Applicants with equal ranking will be chosen by the highest cumulative grade point average. The program admits qualified applicants skills regardless of race, color, creed, national origin, religion, gender, sexual orientation, age, physical or mental disabilities, age or veteran status who meet the essential skills of a physical therapist assistant.

Requirements

1. **Completion of high school or equivalency.** Students must be able to prove high school graduation or equivalency upon request.

2. **Acceptance to Ivy Tech Community College.** Admission to ITCC must be completed prior to application to the PTA Program.

3. **A minimum cumulative grade point average (GPA) of 2.50** on a 4.00 scale according to the Ivy Tech Community College transcript cumulative GPA. The ITCC cumulative GPA is used as tie breaker.

4. **AS OF SPRING 2014 - Completion of program prerequisites by the spring semester of the application year:**
   - Introduction to Physical Therapist Assistant 101 (PTAS 101)
   - Anatomy and Physiology 101 (APHY 101)
   - Anatomy and Physiology 102 (APHY 102)
   - English Composition 111 (ENGL 111)
   - Physical Science 111 (SCIN 111)

   *Note: Students can be concurrently enrolled in the spring semester when applying. Deadline for classes would be at grade submission for that spring. Summer classes after the spring semester will not be accepted for tabulation of these courses.*

5. **Required science courses older than 10 years as of the application due date will NOT be accepted.**
   - This includes PTAS 101, APHY 101, APHY 102, and SCIN 111
6. **Required non-science courses regardless of age are accepted.**
   This includes COMM 101, COMM 102, ENGL 111, IVYT 1XX, MATH 118, PSYC 101, and SOCI III

7. **Completion of the Test of Essential Academic Skills (TEAS) prior to the application deadline of March 31**. Procedures and instructions for completing this test can be found at the ivytech.edu website and/or at any ITCC testing center. The student must arrange payment for the test. This test is mandatory and part of the point calculation for admission for all applicants. No specific cut-off score is required for this test to apply.

   ALL APPLICANTS MUST TAKE THIS TEST REGARDLESS OF PREVIOUS COLLEGE COURSEWORK OR DEGREE ATTAINMENT

8. **Submission of a complete and timely application to the Physical Therapist Assistant Program Admissions Committee postmarked March 31st.**
   
   *Late applications will not be considered.*
Physical Therapist Assistant Program Application Procedure

Apply and be admitted to Ivy Tech Community College:

1. Complete the required application process as directed through the Office of Student Affairs or online at ivytech.edu/apply-now.html

2. Request official transcript(s) of all college work to be forwarded directly to the Registrar of Ivy Tech Community College for review of transferrable/equivalent coursework. NOTE: the PTA Program does not review transcripts for transfer of credits.

Apply to the Physical Therapist Assistant Program:

1. Compile the necessary documents for the application submission:
   
a. The Application Requirements Reminders Form (found below)

b. The Physical Therapist Assistant Program Application Form (found below)

c. Copies of ALL transcripts. All college transcripts must accompany the application to be considered. Unofficial transcripts will be accepted for the application packet. It is the student’s responsibility to ensure that official transcripts have been sent to the Office of the Registrar for review of transfer credit. Students may not ask the registrar of ITCC for transcripts from other colleges.

d. Record of completion or concurrent enrollment in the spring semester of the application year of the FIVE (5) prerequisites: PTAS101, APHY 101, AHY 102, ENGL 111, and SCIN 111.

e. Completion of the TEAS prior to the March 31st deadline with a copy of earned scores provided with the application.
Acknowledgement of outcome of application to the Physical Therapist Assistant Program:

1. **All** applicants will receive notification of the results of their application (accepted or denied) by the beginning of **July** of the application year.

2. Accepted students will receive additional documentation and instruction for program requirements such as background check, drug screenings, physicals, immunizations, and CPR certification, etc and registration procedures with the letter of acceptance.

3. A **required** orientation meeting will be held the first week of August for accepted students to register and review various program requirements. This meeting is generally scheduled for the last Friday of the summer semester of the application year. Students will have the opportunity to meet their peers, other program students, program graduates, and faculty during this time. Students should be prepared to participate in academic planning.

4. Classes start in August of each year.

5. Those applicants who are not admitted may reapply the following year. A new application must be submitted, no documentation is maintained by the PTA program. Students who received a denial letter are welcome to contact the PTA Program to discuss their application and potential opportunities for continued application or alternative college degree options available at ITCC.

   **Students are advised to monitor any changes of the application process by attending an Information Meeting in order to ensure completion of appropriate requirements if applying the following year.**
Physical Therapist Assistant Program
Determination of Applicant’s Ranking

Five (5) Courses and the TEAS Test

1. PTAS 101 – Introduction to the Physical Therapist Assistant - Maximum Points: 30
   Applicants who complete PTAS 101 will receive a final percentage grade for the course.
   These scores are then reported to the Program Chairperson and are kept on file at the
   campus where the course was taken.

   This earned course percentage is then applied to the maximum points available for the
   application (30 points)

   Example: 93% in class -- 30 x 0.93 = 27.9 points earned. (Scores are not rounded)

2. APHY 101 – Anatomy and Physiology 101 - Maximum Points: 15
   This course will be provided points based upon the designated letter grade received.
   Points will be provided based upon the scale below:
   - A = 15 points
   - B = 10 points
   - C = 5 points
   - D = 1 point

   This course will be provided points based upon the designated letter grade received.
   Points will be provided based upon the scale below:
   - A = 15 points
   - B = 10 points
   - C = 5 points
   - D = 1 point

   This course will be provided points based upon the designated letter grade received.
   Points will be provided based upon the scale below:
   - A = 10 points
   - B = 8 points
   - C = 5 points
   - D = 1 point
5. ENGL 111 – English Composition I - Maximum Points: 10
   This course will be provided points based upon the designated letter grade received.
   Points will be provided based upon the scale below:
   - A = 10 points
   - B = 8 points
   - C = 5 points
   - D = 1 point

6. TEAS Score – Test of Essential Academic Skills - Maximum Points: 15
   After completing the examination, applicants receive a printout of results for the examination. On this results page the student receives an adjusted percentile score.

   This percentile score is then applied to the maximum points available for the application (15 points)

   Example: Adjusted percentile score = 90% -- 15 x 0.82 = 13.5 points earned.

   This test can be taken a maximum of two (2) times in two (2) years, 30 days between tests; tests are valid for a period of two (2) years. The higher of the two test scores will be used for calculation of application points.

Maximum Total Points of Required Components: 95 points

NOTE –
- No additional points will be provided for any other courses than those listed above.
- Only the exact course title/numbers will be used for ranking candidates.
- Equivalent/transferred courses taken at other universities/colleges must be found on the ITCC transcript
- Equivalent/transferred courses must have a transcript from that institution to provide grade for designating scores and ranking
## Physical Therapist Assistant Program

### Program Curriculum

#### Semester I

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>APHY 101</td>
<td>Anatomy and Physiology I</td>
<td>3</td>
</tr>
<tr>
<td>APHY 102</td>
<td>Anatomy and Physiology II</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 111</td>
<td>English Composition</td>
<td>3</td>
</tr>
<tr>
<td>PTAS 101</td>
<td>Introduction to the Physical Therapist Assistant</td>
<td>3</td>
</tr>
<tr>
<td>SCIN 111</td>
<td>Physical Science</td>
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</table>

**Minimum requirements to apply**

Total – 15 credits

#### Following Acceptance to Program

#### Semester II

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>MATH 118</td>
<td>Physical Science</td>
<td>3</td>
</tr>
<tr>
<td>IVYT 1XX</td>
<td>Student Success Elective</td>
<td>1-3</td>
</tr>
<tr>
<td>PTAS 106</td>
<td>Treatment Modalities I</td>
<td>5</td>
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<tr>
<td>PTAS 107</td>
<td>Kinesiology</td>
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Total – 14 credits

#### Semester III

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>COMM 101 or 102</td>
<td>Fundamentals of Public Speaking or Introduction to Interpersonal Communication</td>
<td>3</td>
</tr>
<tr>
<td>PSCY 101</td>
<td>Introduction to Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PTAS 102</td>
<td>Diseases, Trauma, and Terminology (12 week course)</td>
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</tr>
<tr>
<td>PTAS 103</td>
<td>Administrative Aspects (12 week course)</td>
<td>3</td>
</tr>
<tr>
<td>PTAS 115</td>
<td>Clinical I (1 week competency and 3 week course)</td>
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Total – 14.5 credits

#### Semester IV ****

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>SOCI 111</td>
<td>Introduction to Sociology</td>
<td>3</td>
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<tr>
<td>PTAS 207</td>
<td>Treatment Modalities II</td>
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<tr>
<td>PTAS 217</td>
<td>Treatment Modalities III</td>
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Total – 13 credits

#### Semester V

<table>
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<tr>
<td>PTAS 205</td>
<td>Clinical II (7 week course)</td>
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<tr>
<td>PTAS 215</td>
<td>Clinical III (7 week course)</td>
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</tr>
<tr>
<td>PTAS 224</td>
<td>Current Issues and Review (2 week course: Capstone Course)</td>
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</table>

Total Program: 69.5 – 71.5 credits

_This schedule is subject to revision. Students are suggested to successfully complete general education requirements as early in the program as possible, preferably in the order demonstrated above. ****All general education must be completed by the end of Year II, Semester I_
Expenses

At Ivy Tech Community College, tuition and fees are updated yearly. These include an In-state and Out-of-State fee differential, technology fees, and distance education fees. Up-to-date information can be found at the Ivy Tech Community College website.

http://nwi.ivytech.edu/web/admissions/tuition.html.

Students are responsible for tuition, books, supplies, and fees for all courses. Additionally, students are expected to secure funds for their uniform, physical examination with immunizations, CPR training, national criminal background check, and a drug screening after acceptance to the program (contact information and forms will be provided after acceptance).

The following pages are estimated costs for program expenses and are subject to change.
## Physical Therapist Assistant Program

### Expenses – During Program

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>QTY</th>
<th>Unit Price - Instate</th>
<th>Total</th>
<th>Unit Price - Out of State</th>
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<td>2</td>
<td>$ 200.00</td>
<td>$ 400.00</td>
<td>$ 200.00</td>
<td>$ 400.00</td>
<td>Program</td>
</tr>
<tr>
<td>PTAS 224 (capstone/ online advantage)</td>
<td>Fees PTAS 101, 106, 224</td>
<td>1</td>
<td>$ 126.35</td>
<td>$ 126.35</td>
<td>$ 126.35</td>
<td>$ 126.35</td>
<td>Consumable</td>
</tr>
<tr>
<td>Review examination preparation</td>
<td>Scorebuilders Review Course</td>
<td>1</td>
<td>$ 200.00</td>
<td>$ 200.00</td>
<td>$ 200.00</td>
<td>$ 200.00</td>
<td>Program</td>
</tr>
</tbody>
</table>

(See next page for totals, including post graduation costs)
## Expenses – Post Graduation from Program

<table>
<thead>
<tr>
<th>Licensure</th>
<th>Jurisdiction License Fee - Indiana</th>
<th>1</th>
<th>$100.00</th>
<th>$100.00</th>
<th>$100.00</th>
<th>$100.00</th>
<th>Licensure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Licensure</td>
<td>Jurisdiction Temporary License Fee - Indiana</td>
<td>1</td>
<td>$50.00</td>
<td>$50.00</td>
<td>$50.00</td>
<td>$50.00</td>
<td>Licensure</td>
</tr>
<tr>
<td>Licensure</td>
<td>Federation - national examination (1/2014)</td>
<td>1</td>
<td>$400.00</td>
<td>$400.00</td>
<td>$400.00</td>
<td>$400.00</td>
<td>Licensure</td>
</tr>
<tr>
<td>Licensure</td>
<td>Prometrics - testing site fee (7/2013)</td>
<td>1</td>
<td>$55.60</td>
<td>$55.60</td>
<td>$55.60</td>
<td>$55.60</td>
<td>Licensure</td>
</tr>
<tr>
<td></td>
<td>Instate</td>
<td>Total</td>
<td>$13,280.57</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Out of State</td>
<td>Total</td>
<td>$22,473.44</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

These items are based upon current costs (summer 2013 unless otherwise stated) and based upon the websites of the appropriate organizations:

**Indiana State Licensure:** [www.in.gov/pla](http://www.in.gov/pla)

**The Federation of State Boards of Physical Therapy (National PTA Examination):** [www.fsbpt.org](http://www.fsbpt.org)

**Prometric (Testing Site):** [Prometric.com](http://Prometric.com)
Scholarship Information

Various scholarship opportunities are available to students in the pursuit of a career as a physical therapist assistant. The American Physical Therapy Association website (www.apta.org) provides information for grants/scholarships available to physical therapist assistant students. Additionally, students are provided information regarding scholarships as they are brought to the attention of the PTA program, such as the Indiana section of APTA and others.

Financial Aid

Ivy Tech Community College offers various types of financial assistance to students who need assistance to continue their education. The Office of Financial Aid will help with information concerning student aid programs. Eligibility for most of the financial aid at Ivy Tech Community College is based upon demonstrated need of the student. In addition students must also meet specific criteria based upon the type of financial aid including maintaining satisfactory standards of progress. Please refer to the Financial Aid Office or the Ivy Tech Community College website for additional information. Some agencies providing financial aid to students require periodic progress and attendance reports. Students are responsible for obtaining the appropriate form for such funding sources. Only the course instructor or the instructor’s designee will sign the form.

Registration and Advising

Specific days are set aside for registration before the beginning of each semester. Students in the PTA program will complete the registration process with the assistance of the PTA Program Chairperson or a PTA faculty member in order to register for PTAS courses. Students admitted to the program will be provided information regarding registration for first fall semester with the acceptance letter. Students will develop an Individual Academic Plan (IAP) during orientation. Throughout the program, students are required to attend meetings with their academic advisor to monitor completion of the IAP, registration, and ultimately application for graduation upon successful completion of the program. Faculty assistance throughout this process is designed to help ensure that the student enrolls in courses appropriate to the student’s goals and current degree of readiness. Registration after the first day of class for each term is considered late and a late fee will be assessed. The college has strict deadlines for timely payment of courses. Students are advised to be mindful of these deadlines in order to remain registered in the courses and thus have access to such online services as the Blackboard Learning Management System (BB). Lack of payment or appropriate payment plans will result in withdrawal from courses.
PTAS 101  Introduction to the Physical Therapist Assistant  
CATALOG DESCRIPTION: Explores the history and concepts of physical therapy, physical therapist assistant and rehabilitative medicine. Introduces fundamentals of patient care including universal precautions; body substance isolation; OSHA guidelines, patient assessment including vital signs; body mechanics; and patient handling with applications of physics principles. Includes preparation of patients, treatment areas and equipment.

Total Credit Hours: 3  
Total Contact Hours: 4

PTAS 102  Diseases, Trauma, and Terminology  
CATALOG DESCRIPTION: Explores diseases and trauma which necessitate physical therapy for the client. Medical terminology, anatomy, physiology, psychology, disabilities and physics related to these conditions are discussed along with instrumentation, implants and fixation devices. Provides students with the opportunity to explore their own reactions to illness and disability and to discuss how to recognize patients’ and families’ reactions to illness and disability.

Total Credit Hours: 3  
Total Contact Hours: 3

PTAS 103  Administrative Aspects of Physical Therapist Assistant  
CATALOG DESCRIPTION: Addresses the legal and ethical aspects of the physical therapist assistant and patient care along with charting, documentation, report writing, patient history procurement, record keeping, charges, insurance information including diagnostic and procedure coding, third party reimbursement, Medicare, Medicaid, electronic claims and patient rights including American Disabilities Act policy and architectural barriers identification. Discusses current issues in health care provision. Explores patient, family, and professional communication techniques, body language and electronic communication as well as techniques in patient teaching. Includes performing within the limitations of scope of skills, basic principles of levels of authority and responsibility, planning, time management, supervisory process, performance evaluations, policies and procedures.

Total Credit Hours: 3  
Total Contact Hours: 3
PTAS 106  Treatment Modalities I  
CATALOG DESCRIPTION: Continues concentration on the fundamentals of patient care including universal precautions, assessment of vital signs, body mechanics and patient positioning. Includes lectures, demonstrations and simulated patient problems in the laboratory portion of the course. Studies new techniques in depth, such as gait training, gait device selection, goniometry range of motion exercises and measuring. Introduces various modalities including hydrotherapy, thermotherapy, massage, traction and intermittent compression techniques. Safety factors are emphasized in both the lectures and the laboratories. The laboratory provides the setting for the practice and implementation of theories and techniques of PTAS 106. Students practice assessments and treatment methods on themselves and one another under the guidance and supervision of the laboratory instructor.

Total Credit Hours: 5  
Lecture: 3  Lab: 2

Total Contact Hours: 7  
Lecture: 3  Lab: 4

PTAS 107  Kinesiology  
CATALOG DESCRIPTION: Introduces the physical therapist assistant student to the science of kinesiology. By definition, kinesiology is the study of movement. Studies human movement and brings together the fields of anatomy, physiology, physics and geometry. Prerequisite knowledge of skeletal and muscular anatomy and physiology is necessary. Class will consist of equal parts of lectures, demonstration and student participation in locating, observing and palpating various bony prominences and musculatures. Much of kinesiology requires independent study to memorize origin, insertion, action and innervation of all muscles. The knowledge gained in this course is an integral part of the students’ background preparation for the practice of physical therapy.

Total Credit Hours: 5  
Lecture: 3  Lab: 2

Total Contact Hours: 7  
Lecture: 3  Lab: 4

PTAS 115  Clinical I  
CATALOG DESCRIPTION: Requires the student to perform in a clinical environment with patients, using applications of theory and techniques of PTAS 106, under the guidance of a registered physical therapist.

Total Credit Hours: 2.5  
Lecture: 0  Lab: 0

Total Contact Hours: 120  
Lecture: 0  Lab: 0

Total Clinical Hours: 120

PTAS 205  Clinical II  
CATALOG DESCRIPTION: Requires the student to perform in a clinical environment with patients using applications of theory and techniques of PTAS 207 and 217 under the guidance of a registered physical therapist.

Total Credit Hours: 6  
Lecture: 0  Lab: 0

Total Contact Hours: 288  
Lecture: 0  Lab: 0

Total Clinical Hours: 288
PTAS 207  Treatment Modalities II
CATALOG DESCRIPTION: Reviews joint structure, muscle origins, insertions, innervations, actions and physiology. Covers normal and abnormal gait, arthritis and joint replacement and postural correcting exercise along with treatment principles and therapeutic exercises for the neck, back, and peripheral joints. Discusses general exercise principles and progression of the orthopedic patient through an exercise program. Addresses appropriate applications of principles of physics and kinesiology.
Total Credit Hours: 5  Lecture: 3 Lab: 2
Total Contact Hours: 7  Lecture 3 Lab: 4

PTAS 215  Clinical III
Under the guidance of a Licensed Physical Therapist Assistant with supervision of a Licensed Physical Therapist or a Licensed Physical Therapist, the student will perform in a clinical environment with patients using application of theory and techniques of PTAS 217 and previous courses.

Total Credit Hours: 6  Lecture: 0 Lab: 0
Total Clinical Hours: 288  Lecture: 0 Lab: 0
Total Clinical Hours: 288

PTAS 217  Treatment Modalities III
CATALOG DESCRIPTION: Provides an in-depth approach to therapeutic exercise as performed by the physical therapist assistant. Covers basic anatomy and physiology of the central and peripheral nervous systems and activities of daily living. Includes exercise physiology and neurophysiology and advanced principles and procedures of therapeutic exercise appropriate for cardiopulmonary, cardiovascular, orthopedic and neurologic conditions, stroke, spinal cord and peripheral nerve injuries. Discusses prevention measures, specialized techniques and the utilization of specialized therapeutic equipment and correlates them to exercise applications. Addresses appropriate applications of kinesiology and principles of physics. Provides practice and implementation of theories and techniques of PTAS 106 and PTAS 207 in the lab setting.

Total Credit Hours: 5  Lecture: 3 Lab: 2
Total Contact Hours: 7  Lecture 3 Lab: 4

PTAS 224  Comprehensive Review
This course is designed to teach the sources of physical therapy research and discusses the recognition of the roles and responsibilities of physical therapist assistants. It requires completion and presentation of an independent project. It reviews the common issues possibly encountered by the practicing PTA. It includes a comprehensive review of the courses to prepare the students for licensure examination.

Total Credit Hours: 1  Lecture: 1 Lab: 0
Total Contact Hours: 1  Lecture: 1 Lab: 0

Credit Ratios: the following ratio of credit hour to lecture, laboratory, and clinical experience applies.
1 credit hour of lecture = 1 contact hour
1 credit hour of laboratory = 2 contact hours
1 credit hour of clinical experience = 3 contact hours
Physical Therapist Assistant

Essential Functions

The role of a Physical Therapist Assistant in the various health care settings requires academic, cognitive, physical, and environment work/demands. To be successful as a PTA student and PTA graduate, the following abilities are expected to be performed safely, ethically, and legally under the supervision of the physical therapist. Applicants should review requirements below and be prepared to obtain documentation through medical physical examination as proof of ability to complete the necessary requirements prior and during the course of the program.

<table>
<thead>
<tr>
<th>Academic Processes</th>
<th>Essential</th>
<th>Comment/Example:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Successful completion of PTA program requirements and graduation from an Accredited Physical Therapist Assistant program achieving an Associate in Science Degree</td>
<td>X</td>
<td>Necessary to apply for licensure and to sit for national examination prior to practice in the state of Indiana</td>
</tr>
<tr>
<td>Obtain state licensure to practice in Indiana</td>
<td>X</td>
<td>Submission of application and fees to the state of Indiana and examination board and successful completion of the National PTA Examination</td>
</tr>
</tbody>
</table>

Frequency (Freq):  
O = Occasionally (1-33%);  
F = Frequently (34-66%);  
C = Constantly (67-100%)

<table>
<thead>
<tr>
<th>Function</th>
<th>Program-Specific Examples (Not all inclusive)</th>
<th>Freq</th>
</tr>
</thead>
<tbody>
<tr>
<td>GROSS MOTOR SKILLS</td>
<td><strong>Coordination:</strong> ability to coordinate small and large muscle groups to provide safe and effective care including transfers, gait training, and positioning with appropriate levels of assistance to patient</td>
<td>C</td>
</tr>
<tr>
<td></td>
<td><strong>Balance:</strong> exceeding ordinary body equilibrium: Required balance at a level to stabilize self and patient during level and grade surfaces with accommodation to patient loss of balance in various positions, e.g. standing, sitting</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Crouching:</strong> (bending down in a squatting position) – maintained greater than five (5) minutes at any one time and repetition greater than two (2) times per minute: ability to access patient, equipment and for completion of patient care techniques</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Bending at waist:</strong> Maintain bending for greater than five (5) minutes at any one time, repetition of bending motion greater than two (2) times per minute; ability to access patient, equipment and for completion of patient care techniques</td>
<td></td>
</tr>
<tr>
<td>Function</td>
<td>Program-Specific Examples (Not all inclusive)</td>
<td>Freq</td>
</tr>
<tr>
<td>--------------------------</td>
<td>-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>------</td>
</tr>
<tr>
<td><strong>FINE MOTOR SKILLS</strong></td>
<td><strong>Dexterity</strong>: ability to seize, hold, and turn an object in one's hand; ability to perform pinch type activity of one's fingers; <strong>Reaching</strong>: ability to extend arms out of base of support to obtain objects and to assist patient in treatment activities; <strong>Repetitive motion behaviors</strong>: to assign patient care techniques used frequently during an individual patient care treatment session and cumulatively for a specific patient population/facility</td>
<td>C</td>
</tr>
<tr>
<td><strong>PHYSICAL ENDURANCE</strong></td>
<td><strong>Sitting</strong>: 2 to 8 hours per day: required for periods of documentation, scheduling, and patient care techniques; <strong>Standing</strong>: 2-8 hours per day: required for periods of documentation and patient care techniques; <strong>Kneeling</strong> (resting body on knees): greater than five (5) minutes at any one time and repetitive kneeling greater than two (2) minutes at any one time</td>
<td>C</td>
</tr>
<tr>
<td><strong>PHYSICAL STRENGTH</strong></td>
<td><strong>Heavy</strong>: Exerting 50 to 100 lb of forces occasionally and/or up to 30 lb of force frequently (50 to 74% of time); <strong>Medium</strong>: Exert 20 to 50 lb of force occasionally and/or up to 15 lb of force frequently. <strong>Lifting</strong>: Must independently be able to lift 50 lbs; ability to lift frequent loads such as resistance training weights for exercise, lifting of patient during transfer and training activities, floor (fall) recovery, maneuvering of necessary equipment for patient care</td>
<td>C</td>
</tr>
<tr>
<td><strong>MOBILITY</strong></td>
<td><strong>Walking</strong>: on level and graded surfaces of any distances (greater than 1 mile per day); ability necessary for gait training patients, daily routine of movement within facilities, facility and patient type specific assistance with mobility tasks <strong>Climbing stairs</strong>: Carrying a load &gt;10 lb, climbing frequency &gt;25 times per day - required for stair and curb gait training with assistance of patient supporting at times greater than 10 pounds of patient load, frequency dependent upon patient population and facility setting <strong>Crawling</strong>: for access to patient, equipment and completion of patient care techniques</td>
<td>C</td>
</tr>
<tr>
<td><strong>AUDITORY</strong></td>
<td><strong>Hear normal, faint, and adapted speaking levels for person-to person and augmentative communication devices.</strong> <strong>Hear faint body sounds (e.g., blood pressure, respiratory, and heart beat sounds).</strong> <strong>Hear in situations when not able to see lips (e.g., when masks are used).</strong> <strong>Hear auditory signals from modalities and emergency equipment and safety signals.</strong></td>
<td>C</td>
</tr>
<tr>
<td>Function</td>
<td>Program-Specific Examples (Not all inclusive)</td>
<td>Freq</td>
</tr>
<tr>
<td>-------------------</td>
<td>-------------------------------------------------------------------------------------------------------------</td>
<td>------</td>
</tr>
<tr>
<td>TACTILE</td>
<td>Feel vibrations (e.g., palpate pulses)</td>
<td>C</td>
</tr>
<tr>
<td></td>
<td>Detect temperature (e.g., skin solutions)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Feel differences in surface characteristics, sizes and shapes (e.g., skin turgor, rashes, palpate vein, identify body landmarks)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Detect environment temperature (e.g., check for drafts)</td>
<td></td>
</tr>
<tr>
<td>OLFACTORY</td>
<td>Detect odors from client and environment (e.g., foul smelling drainage, alcohol breath)</td>
<td>C</td>
</tr>
<tr>
<td></td>
<td>Detect smoke, gases or noxious smells etc.</td>
<td></td>
</tr>
<tr>
<td>COGNITIVE</td>
<td>Collect necessary data for patient care</td>
<td>C</td>
</tr>
<tr>
<td>PROCESSES</td>
<td>Plan necessary sequences of operation or actions</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Define problems, collect information, and identify need for supervisor intervention</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Basic counting, addition, subtraction and higher level use of algebra, geometry and statistics</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Teaching of others, formally or informally</td>
<td></td>
</tr>
<tr>
<td>COMMUNICATION</td>
<td>Regular communication with patients, caregivers, family members, peers, and other medical professionals in simple, complex and technical language.</td>
<td>C</td>
</tr>
<tr>
<td></td>
<td>Proficient to speak and understand English to engage in verbal, two-way communication with others of a variety of social, emotional, cultural and intellectual backgrounds. Discern and interpret nonverbal communication. Comprehension of written language of basic, technical, professional material</td>
<td></td>
</tr>
<tr>
<td>EMOTIONAL</td>
<td>Work with frustrating situations</td>
<td>C</td>
</tr>
<tr>
<td>STABILITY</td>
<td>Manage and function emotionally</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Manage emotional and cognitive response to various health and cultural situations</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Counsel, recommend, guide, or caution others in the role of PTA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Work under time pressures: rush or urgent deadlines</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Establish therapeutic boundaries</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Handle strong emotions (e.g., grief)</td>
<td></td>
</tr>
<tr>
<td>Function</td>
<td>Program-Specific Examples (Not all inclusive)</td>
<td>Freq</td>
</tr>
<tr>
<td>--------------------------</td>
<td>-------------------------------------------------------------------------------------------------------------</td>
<td>------</td>
</tr>
<tr>
<td>PERSONAL RESPONSIBILITIES</td>
<td>Traveling: ability to access appropriate facilities and/or patients for provision of therapy services</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Reaction to Emergencies: ability to respond to medical emergency situations including auditory notification of emergency signals, cardiopulmonary resuscitation procedures</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Supervision: ability to perform duties under the required level of supervision for the status of a physical therapist assistant (student, graduate with temporary license, and licensed/certified PTA) and ability to provide aide and supportive staff supervision under the requirements of a licensed/certified PTA</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Maintain adequate health without presence of infectious disease</td>
<td></td>
</tr>
</tbody>
</table>

*Form adapted from the School of Health Sciences – Physical Therapist Assistant Physical Examination and Immunization Documentation Form and the Duke University/Health System “Essential and Marginal Job Function and Analysis Form” based upon the guidelines of the American with Disabilities Act (ADA)*

Ivy Tech Community College strives to provide reasonable accommodations as necessary to allow a PTA student to be successful while maintaining the integrity of the field of physical therapy and patient safety. Students who require assistance in review of reasonable accommodations must meet with the College Disabilities Support staff prior to application to the program at Gary: 219-981-1111 x 2337.
**Application Requirements Reminder Form**

Name: ___________________________________________ (first and last name)

Student identification numbers (Ivy Tech C number): ____________________________

The following requirements must be complete and submitted to the PTA Department. Please use this checklist to ensure that all documentation has been provided directly to the PTA Department. *Deadline Postmarked March 31st. Keep a copy of packet and proof of mailing.*

<table>
<thead>
<tr>
<th>Check Completed</th>
<th>Check these items off</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Application Requirements Reminder Form – Included in Application Packet</td>
</tr>
<tr>
<td></td>
<td>PTA Program Application Form - Included in Application Packet</td>
</tr>
<tr>
<td></td>
<td>COPY of ALL College Transcripts - a transcript provided for all colleges attended (see additional information below for transcripts)</td>
</tr>
</tbody>
</table>

**Score/Grade**

Write the Score or Grade received in the first column +++

<table>
<thead>
<tr>
<th>Score/Grade</th>
<th>Write the Score or Grade received in the first column +++</th>
</tr>
</thead>
<tbody>
<tr>
<td>PTAS 101 Course – completed</td>
<td></td>
</tr>
<tr>
<td>APHY 101 Course – completed, posted on ITCC Transcript, grade available on transcript where course was taken</td>
<td></td>
</tr>
<tr>
<td>APHY 102 Course – completed, posted on ITCC Transcript, grade available on transcript where course was taken</td>
<td></td>
</tr>
<tr>
<td>ENGL 111 Course – completed, posted on ITCC Transcript, grade available on transcript where course was taken</td>
<td></td>
</tr>
<tr>
<td>SCIN 111 Course - completed, posted on ITCC Transcript, grade available on transcript where course was taken</td>
<td></td>
</tr>
<tr>
<td>TEAS Test – completed by 3/31st deadline, test attempts at least 30 days apart, copy of test results included in Application Packet, higher test score counted</td>
<td></td>
</tr>
</tbody>
</table>

- Please note official transcripts must be sent to the registrar’s office for application to Ivy Tech Community College; Copies are sent with this application to the PTA Department
- Transcripts will not be picked up from the registrar’s office by the PTA Department
- Students may NOT request transcripts from the registrar’s office for other colleges
- Students may submit unofficial updated copies from college websites for the PTA Program application if official transcripts are located in the registrar’s office
- Transcripts must demonstrate grade received for the prerequisite courses and completed required PTA Program general education courses.

Please feel free to use this space to advise the PTA Program Admissions Committee of any details (i.e. previous PTA program student, listing of concurrent spring semester classes, etc.)

Signing this page certifies that all documentation has been provided with the application as requested:

---

Applicant Signature Date
PTA Program Application Form

Date: __________________

Last Name: ____________________ First Name: ____________________ MI__

Mailing Address: ______________________________

(City, State and Zip code) ______________________________

Home Phone Number: (____) ____________

Mobile Phone Number: (____) ____________

Preferred contact: (circle) Home Mobile

Email address: (must use Ivy Tech email if current student): ______________________

Date of Birth: ______________________________

Education:

Name of high school attended:

1. ________________________________

2. ________________________________

Graduated from high school: Yes _____ No _____

GED: Yes _____ No _____ Year: _____________

Name of ALL college(s) attended:

1. ________________________________

2. ________________________________

3. ________________________________

*Be sure all transcripts included

Graduated from college: Yes _____ No _____

Name of degree conferred: _______________________

Date of degree conferred: _______________________

Did you apply to the Program last year? Yes _____ No _____

Are you a former Ivy Tech PTA Program student? Yes _____ No _____